

Promoting sailing in Thurrock

### General Risk Assessment 2024 v 1.1

Thurrock Yacht Club is an unincorporated Community Amateur Sports Club. Members have responsibility for their own health and safety, but it is also in our collective interest to look out for the safety of others.

#### SPECIAL NOTICE – Keep Right

All TYC members are reminded that special byelaws apply on the tidal Thames. All vessels, including those under sail, are required to stay to the right of the fairway. Please apply common sense:

- Do not cross in front of large vessels
- Keep a lookout astern as well as ahead.
- If approaching a large vessel, make a prompt turn to starboard and get to the right side of the fairway. If you have a loud horn, sound one short blast, but in any case be clear and concise in your manoeuvres.
- If sailing in races or company, make other boats aware of large vessels on channel 37 (M).
- Consider making short tacks and go about midway across the fairway.
- Always carry a functioning VHF Radio and maintain a listening watch on London VTS,

unless participating in an organised club event where another channel is prescribed.

Complying with rules reduces the chance of over enforcement being applied, and learning to sail within the constraints will make you a better sailor. For more information please visit the <u>PLA's Boating on the Thames website</u>.

#### 1. All activities whilst afloat

Hazard	Inherent risk	Benefits	Mitigation	Residual risk
1.1 General sailing	Medium	Sailing and water sports	Individual skipper/helm responsibility to	Low
related incidents, e.g. loss of mast, running aground, man		provide opportunity for physical activity across a wide range of ages.	assess own/crew/boat competency for prevailing and accepted conditions. Skippers/helms advised to have action	
overboard, engine failure etc.		Research from the Royal Yachting Association	plans/assessment/equipment suitable for their boat and to brief crew accordingly.	
		suggests that watersports are highly beneficial for mental health. Sailing and boating is a challenging activity that builds confidence and teamwork.	Skipper/individual responsibility to ensure adequate means to raise alarm in event of incident and ensure boat has appropriate equipment in working order. Skipper / Individual responsibility to inform others of intentions before setting off.	
			Skipper / individual responsibility to contact London VTS or Coast Guard on phone 999 in event of an emergency. Mayday and Pan Pan calls on VTS Channel.	
			All private boats to provide proof of insurance prior to launching.	
1.2 Drowning	High		Wearing of personal flotation device (PFD) compulsory in all club boats and advisory on own boat.	Low
			Appropriate clothing to be worn.	
			Individual responsibility and awareness for assessing own competency for prevailing conditions.	



#### Promoting sailing in Thurrock

		Individual responsibility for sea worthiness	
		of boats.	
		Skippers/helms and crews should be	
		familiar with man overboard recovery.	
1.3 Hypothermia /	High	Individual responsibility to assess prevailing	Low
Death from cold		conditions and wear appropriate clothing.	
shock.			
		Supply of spare clothing is kept in club.	
1.4 Serious injury	Medium	Individual responsibility to assess own	Low
		competency for prevailing conditions.	
		Individual responsibility for sea worthiness	
		of boats.	
		If event terminated, competitors advised	
		by safety boat / vhf to return to	
		shore/moorings	
1.5 Non racing collision	Low	Individual responsibility to keep a proper	Low
leading to injury or		lookout and have knowledge of Collision	
boat damage.		Regulations at Sea, and PLA byelaws.	
1.6 Risk of injury to	Medium	Individual responsibility to keep a look out	Low
other water users.		for other water users, particularly rowers,	
		kayakers and paddle boarders.	
1.7 Unsuitable /	High	Individual skipper/helm responsibility	Low
deteriorating		to assess own /crew/boat competency	
conditions		for prevailing conditions.	
		Race Officer to consider	
		postponement/shortening course. Course	
		to be set to prevailing conditions.	
1.8 Infection from		Members and visitors advised to cover and	Low
waterborne		open cuts or grazes, to wash hands before	
organisms/irritants.		eating and to shower after sailing especially	
		after if they have capsized / been in the	
		water.	
		Advised to see a doctor and tell the doctor	
		that they have taken part in water sports if	
		any flu like symptoms develop within 3	
		weeks, especially if the sailing activity took	
		place on fresh water where there is	
		increased risk of Weil's disease.	

#### 2. Racing

Hazard	Inherent risk	Benefit	Mitigation	Residual risk
2.4.411.1	As section 1	Destances to estimate the state	As section 1. PLUS	Low
2.1 All hazards in	AS SECTION 1	Racing equips sailors with skills	AS SECTION 1. PLOS	LOW
section 1		and confidence for sailing in a	Vhf radio to be carried and tuned	
		number of conditions and on	to prescribed channel.	
	112.1	all points of wind.		
2.2 Collision whilst	High	The compatibility along out of	As section 1.5. Individual responsibility	Low
racing leading to		The competitive element of	to abide by RRS.	
injury or boat		racing is enjoyable and		
damage		encourages people to get the	Race officer to set appropriate	
		most from the sport.	course for competitors.	
2.3 Failing to account	Medium		Club to use signing on/off sheets	Low
for all competitors			and/or tally boards.	
and crew after racing				
			Race Officer to notify VTS at	
			start/completion of race.	
2.4 Serious injury	High		Ability of all boats, including safety	Low
whilst racing.			boats, to summon emergency	
			assistance via vhf.	



Promoting sailing in Thurrock

If event advised return t
---------------------------------

#### 3. Organised Dinghy Sailing

Hazard	Inherent	Benefits	Mitigation	Residual
	risk			risk
3.1 All hazards in	As section 1	Dinghy sailing provides entry	As section 1. PLUS	Low
section 1 and 2		level opportunity for people		
		to participate in sailing.	Wearing of personal flotation device	
			is mandatory.	
		It is a cost effective form of		
		participation, and is a significant	Provision of appropriately equipped	
		enabler to increasing diversity of	safety boats with competent helm	
		participation.	(Powerboat L2 min) and crew.	
			(	
			Racing postponed in adverse weather /	
			river conditions	
	111-h			1.000
3.2 Boom injury	High		Training involves boom awareness.	Low
			the baseline is a the black for a the same line	
			Helmets available for those who	
			wish to wear them.	
3.3 Entrapment	Medium		Safety boat on duty for all organised	Low
			dinghy sailing activity.	
			Mast floats to be used on heavier	
			dinghies .	

#### 4. Safety and Trot Boats (if operated)

Hazard	Inherent	Benefits	Mitigation	Residual
	risk			risk
4.1 All hazards in section 1	As section 1	The use of safety boats is a mitigation that makes	As section 1.	Low
4.2 Injury caused by contact with, or whilst boarding a safety or trot boat	Medium	organized sailing activity, and particularly dinghy sailing, safer.	Only competent (RYA Powerboat 2 or equivalent) coxswains to operate safety boats.	Low
		Trot boats make the transfer of crews between shore and boat easier and faster.	Mandatory use of kill cords when fitted to boats.	
			Briefing of safety boat crew prior to use.	
			Safety boats to be used in accordance with club policies.	
			Vhf radios to be monitored for VTS / other river users.	
4.3 Collision with commercial vessels/structures	Low		Course set to avoid crossing traffic lanes unless sufficient safety boat cover.	Low
			Check vessel movements with VTS. Competitors reminded of club rules regarding river traffic.	
			Race Officer and safety boats to maintain regular vhf radio contact.	



Promoting sailing in Thurrock

4.4 Engine failure / propeller fouled	Low	Engine / fuel checked prior to start. Oars/anchor checked.	Low
		Keep lookout for floating debris.	

#### 5. Shoreside Risk

Hazard Inherent risk		Benefits	Mitigation	Residual risk	
5.1 Slips/trips and falls on foreshore, slipways, and yard	Medium	Shoreside facilities are essential for storing, accessing and maintaining boats.	Keep edges of wall clear and high fittings painted yellow.	Low	
			Ensure yard kept clear.		
			Care taken when using ladders and walking on slipway.		
5.2 Injury caused when launching boats using club cranes and	Low		Only members instructed in the use of cranes / forklifts are permitted to use them.	Low	
forklifts			Correct use of slings.		
			Trailers and trolleys returned to storage areas.		
5.3 Drowning/falling into water.	Low		Cadet members and children under 18 to be supervised when on premises, and advised to wear a buoyancy aid on the slipway or sea wall.	Low	
			Lifebelt /safety line available on foreshore.		
5.4 Fire in club house/ boat shed.	Low		Ensure electrical and gas appliances are switched off after use.	Low	
			Keep extinguishers available.		
E E Traumatic injury or	Medium	-	Fuel correctly stored. 999 to be called.	Low	
5.5 Traumatic injury or health condition	Wealum		999 to be called.	LOW	
			Members are requested to declare		
			any reasonable adjustments they may require on applying for		
			membership, and requested o		
			advise duty officer on the day if		
			A first aid kit is stored in the club house		
			There is a defibrillator mounted adjacent to the Bosun's cage.		
			Members are recommended to take the RYA first aid course		
5.6 Injury incurred moving boats or other equipment	Medium		Members advised to maintain best practise for lifting, using legs rather back.	Low	
			Members to seek assistance to lift heavy weights		



#### Promoting sailing in Thurrock

Hazard	Inherent risk	Benefits	Mitigation	Residual risk
6.1 Items lost overboard by boats participating in club events	Low	Maintaining a healthy and clean blue space not only benefits the club, but also the general public.	No specific mitigation applied. Participants encouraged to retrieve items but only if it is safe to do so	Low
6.2 Litter and detritus ejected into river from club premises due to adverse weather conditions or tides	Medium		No loose items to be left on the foreshore. Any loose items may be removed by the club and disposed of. Regular work parties to sweep foreshore	Low
6.3 Fuel or oil spillage	Low	-	Fuel correctly stored Club members requested to take care when refuelling.	Low
			Club members requested to keep their engines, including outboards, maintained to prevent accidental oil leakage directly into sea, or indirectly via bilges.	
6.4 Close contact with marine mammals	Low	]	Members to set a course to avoid close contact with animal.	Low

#### **Risk Matrix**

Severity - Worst Case	Likelihood Likely	of Occurrence Probable	Possible	Remote
Fatality	High	High	Medium	Low
Major Injury	High	High	Medium	Low
Minor Injury	Medium	Medium	Low	Low
Environment / significant equipment damage	Medium	Medium	Low	Low

#### **Important Contacts:**

#### VHF Channels – distress calls to London VTS or Channel 16

Thurrock Yacht Club	Ch 37 / M				
London VTS	Ch 68 (Sea Reach 4 to Crayfordness – includes TYC Clubhouse)				
London VTS	Ch 69 (Outer E	r Estuary to Sea Reach 4)			
London VTS	Ch 14 (Crayfor	dness to	Tower Bridge)		
Telephone					
Thurrock Yacht Club		01375	373 720		
Lifeboat/Coastguard		999	(Distress only)		
PLA Navigation Service Duty Officer		01474	560 311		
PLA Harbour Master Gravesend		01474	562 212		



Promoting sailing in Thurrock

## PLA Notification for Club Events

#### Preamble

The DfT (Department for Transport) Port Marine Safety Code requires all Harbour Authorities to ensure that risk assessments are carried out to identify and minimise risks which may result in personal injury, or damage to property or the environment.

This includes events organised by yacht/sailing clubs. The risk assessment procedure is required to be submitted by the event organisers (in our case TYC) to the Port of London Authority (PLA)

Three risk assessment models are suggested by the RYA, providing for Major, Medium and Minor events.

**A Major Event** is one which is likely to have a major impact on the operation of the harbour, requiring special arrangements agreed in advance with the Harbour Authority, for which a full risk assessment should be prepared, in consultation where appropriate with the emergency services. Examples of such events are the Burnham Week Races.

**A Medium Event** is one having a noticeable impact on the operation of the harbour but for which the Harbour Authority would not need to consider special arrangements in advance, risk assessment form can be used.

**A Small Event** is one having little or no impact on the operation of the harbour and with minimal risks to non-participants. For these events, for which a formal risk assessment is inappropriate, a standard notification form can be used, whether for a one-off event, or a series of small events.

All Thurrock Yacht Club events are planned to avoid any impact on normal harbour operations and therefore meet the criteria of small events.

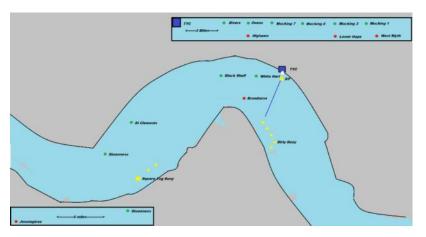


### Small Event – Club Cruiser Racing

	5
Club:	Thurrock Yacht Club, Kilverts Wharf, Grays, RM17 6JF
Event:	All cruiser races as published in club schedule of races
Chief Race Officer:	Joe Pigg
	Email:sailing@thurrockyachtclub.org.uk
	Phone: 07785 335 018
Club Secretary:	Deb Carter
	Email: <u>secretary@thurrockyachtclub.org.uk</u>
	Phone: 07838 274 064
Operating Period:	1 <sup>st</sup> April to 31 October
Operating Area:	Tidal Thames between Jenningtree and West Blyth
VHF Channel	Ch 37 / M
Committee Call sign	Thurrock Race Control
Weather Restrictions	Between f2 and f6 (max gust f7) but always at Race Officers
	discretion Course set to match wind and tidal conditions.
Safety / escort boats	None
Club Telephone	01375 373 720
Number:	
Supporting Documents:	Sailing Instructions, Race Course

Date(s) of Events:	Thursday Evenings between 1900 and 2130, subject to daylight Saturdays – times as published in schedule
Event Website:	www.thurrockyachtclub.org.uk
Number of boats:	Between 2 and 15
Type or design:	Sailing yachts between 16' and 38' equipped with auxiliary engines and vhf radios
Additional Information:	Provisions of sections 1 and 2 of this risk assessment apply.
Authorities Contacted	London VTS contacted on channel 68 before each event to advise number of participants, course, and expected duration. London VTS contacted at end of event when all boats safely returned.

#### Sailing Area:





## Small Event – Club Dinghy Events

Club:	Thurrock Yacht Club, Kilverts Wharf, Grays, RM17 6JF
Event:	All dinghy races and "bob about" events as published in club
	schedule of events.
Chief Event Officer:	Barry Milton-White
	Email:dinghies@thurrockyachtclub.org.uk
	Phone: 07881 707 479
Club Secretary:	Deb Carter
	Email: <a href="mailto:secretary@thurrockyachtclub.org.uk">secretary@thurrockyachtclub.org.uk</a>
	Phone: 07838 274 064
Operating Period:	1 <sup>st</sup> March to 30 November
Operating Area:	TYC designated safe sailing area
VHF Channel	Ch 37 / M
Committee Call sign	Thurrock Yacht Club or Thurrock Race Control
Weather Restrictions	Between f2 and f5 (max gust f6) but always at Event Officers
	discretion Activities restricted to flood tides.
Safety / escort boats	Minimum 1, but normally 2 in operation
Club Telephone	01375 373 720
Number:	
Supporting Documents:	Sailing Instructions, Safe Sailing Area.

Date(s) of Events:	Dates as published on club schedule – activities always on a flood tide, aiming to finish at HW
Event Website:	www.thurrockyachtclub.org.uk
Number of boats:	Between 2 and 15
Type or design:	Sailing dinghies of various types, including but not limited to Wayfarers,
	Mirrors, RS Feva, Topper, GP14, Laser
Additional Information:	Provisions of sections 1, 2, 3 and 4 of this risk assessment apply.
Authorities Contacted	London VTS contacted on channel 68 before each event to advise
	number of participants and expected duration.
	London VTS contacted at end of event when all boats safely returned.

#### Sailing Area:

